

Music Therapy



BROOKLYN
CONSERVATORY
of
M · U · S · I · C



Music Therapy Outreach Division

The Brooklyn Conservatory provides Music Therapy programs in public and private schools and social service agencies throughout New York City. Outreach programs are designed and tailored to your program or school's individual needs. These programs can take place at your school or agency or at our Brooklyn campus where students can experience being a part of our community. For information on outreach programs contact: Melanie Nevis, Director of Music Therapy, 718.622.3300, x16 or email: mnevis@bqcm.org

Music Therapy

What is Music Therapy?

Music Therapy is an established profession which uses the motivating and enjoyable experience of music to therapeutically address the developmental goals of students with special needs. It is also beneficial for children, adolescents, and adults seeking growth in social, emotional, and psychological skills, and creative expression.

Music Therapy is provided by professional master's level music therapists with training in music and psychology and experience in special education. Under the guidance of the music therapist, students experience new pathways to learning and communication while exploring their musical expression and creativity.

Who can benefit from Music Therapy?

Music Therapy has been shown to be beneficial for children, adolescents, and adults with: emotional and psychological issues, develop-

mental disabilities, speech and language delays, physical disabilities, autistic spectrum, cerebral palsy, learning disabilities, attention deficit disorder, sensory issues, behavioral problems, neurological disabilities, and hearing or vision impairment.



Music Therapy can:

- Improve language and communication skills
- Improve focus and concentration
- Increase impulse control and frustration tolerance
- Improve management and modulation of emotions and energies
- Increase self-awareness
- Improve fine and gross motor coordination
- Increase self-esteem and confidence
- Improve memory and cognition
- Improve social skills
- Provide multi-sensory experiences for enhanced sensory integration
- Decrease anxiety and depression
- Promote emotional and creative expression
- Promote personal growth

Music Therapy Onsite Program

Individual and Dyad Music Therapy Sessions

Music Therapy for children, adolescents, or adults, with special needs or different learning styles. Sessions are tailored to the specific developmental needs, goals and learning styles of each student.

Group Classes

Small group classes of 4-6 students with two therapists, allow for an individualized approach within a group setting. Groups consist of students with various special needs who are assessed and placed together for an optimal therapeutic and learning experience. Group classes include a special emphasis on learning social and emotional skills, and on group interaction and relationship building.

Therapeutic Music Instruction

Therapeutic music lessons are available on guitar, piano, voice, violin, and drums. These lessons are geared for students with special needs or learning styles who show the interest and ability to study an instrument. Music therapists who are also music instructors provide these lessons.

When are sessions offered?

Sessions are available Monday through Friday from 2pm – 7pm, and Saturday from 9:30am – 5pm.

What is the cost?

Prices vary depending on class size and frequency. Limited financial aid is available.

How can I register for the program?

Sessions are available in our Fall, Spring or Summer semesters and you may register at anytime throughout the year. *For more information, contact our Music Therapy coordinator at 718.622.3300 x12.*





Specialized Programs

Music for Social and Emotional Learning

Music for Social and Emotional Learning is a program for children and adolescents in general education programs or with moderate special needs. It is designed for the development of social and emotional skills. Sessions and group classes can be particularly helpful for students with ADD, ADHD, Learning Disabilities, and Emotional or Behavioral issues.



Autism Program

The Brooklyn Conservatory specializes in offering music therapy services to children, adolescents and adults on the Autism Spectrum. Music Therapy is well-established as a highly effective therapeutic modality for individuals on the Autism Spectrum. Through the motivating and enjoyable experience of music, students experience success, while working towards their developmental goals.

Melanie Nevis, Director of Music Therapy, mnevis@bqcm.org



58 Seventh Avenue
Brooklyn, NY 11217
718-622-3300
718-622-3957 Fax

www.bqcm.org

Nonprofit Org.
U.S. Postage
Paid
Brooklyn, NY
Permit No. 839

OUR SUPPORTERS: Joseph LeRoy and Ann C. Warner Fund, Barclays/Nets Community Alliance, New York City Council Member Stephen Levin, Bloomberg, Fund for the City of New York/ Open Society Foundations' Performing Arts Recovery Initiative Youth, I.N.C., New York State Council on the Arts, New York City Department of Cultural Affairs in partnership with the City Council